

)Yes ○No De	escribe the r	esuits. ······	• • • • • • • • • • • • • • • • • • • •	

LEGEND:

Use the prompts throughout the lesson to guide you.







Next person read aloud.



Underline what's important to you.



Share with others.



Take action.

HOW YOU CAN MAKE THIS LESSON EFFECTIVE FOR YOU AND OTHERS:

- 1. Form groups of 3-5 for a 30-45-minute time slot and 6-8 for an hour.
- 2. Respect and value each person in the group. Encourage yourself and others as you share.
- 3. Take turns reading each section of the material out loud. You may request to pass to the next reader.
- 4. Discuss openly. As you read, underline what is important to you.
- 5. Evaluate yourself. Review. Reflect. Apply. Have fun!



Choose to be teachable so you can improve your life.





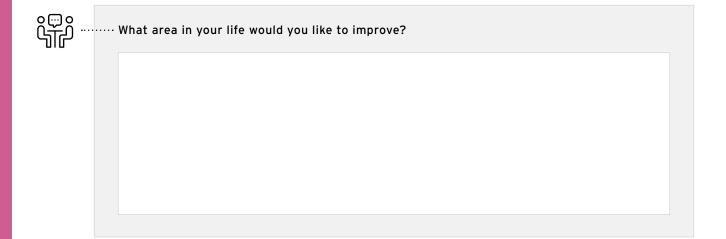
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Teachability is a Choice



Clay is a product that is easy to mold when wet and can be transformed into a beautiful piece of art. Your life, like clay, can be a work in progress. No matter what your clay looks like, it can be molded by your willingness to be teachable and receptive to the lessons that life has for you. This lesson will help you learn how your life can be shaped into the beautiful person you want to become.

TEACHABLE → MOLDABLE → BEAUTIFUL





TEACHABLE PEOPLE ARE...





If you are humble you know that life is difficult, and you cannot do everything on your own. You need a teachable spirit and the help of others. Pride is the opposite of humility.

Let's compare the two.

Pride is independent.

Pride closes our minds to feedback.

Pride prevents us from admitting mistakes.

Pride is unteachable.

Pride limits our potential.

Pride says, "I know enough."

Humility is dependent.

Humility opens our minds to feedback. Humility allows us to face our mistakes.

Humility is teachable.

Humility expands our potential.

Humility says, "I need to learn more."

REFLECTION: Which represents you more? Pride or humility?	 (] }

TEACHABLE PEOPLE ARE...

2. Hungry — "I want to learn and improve more."

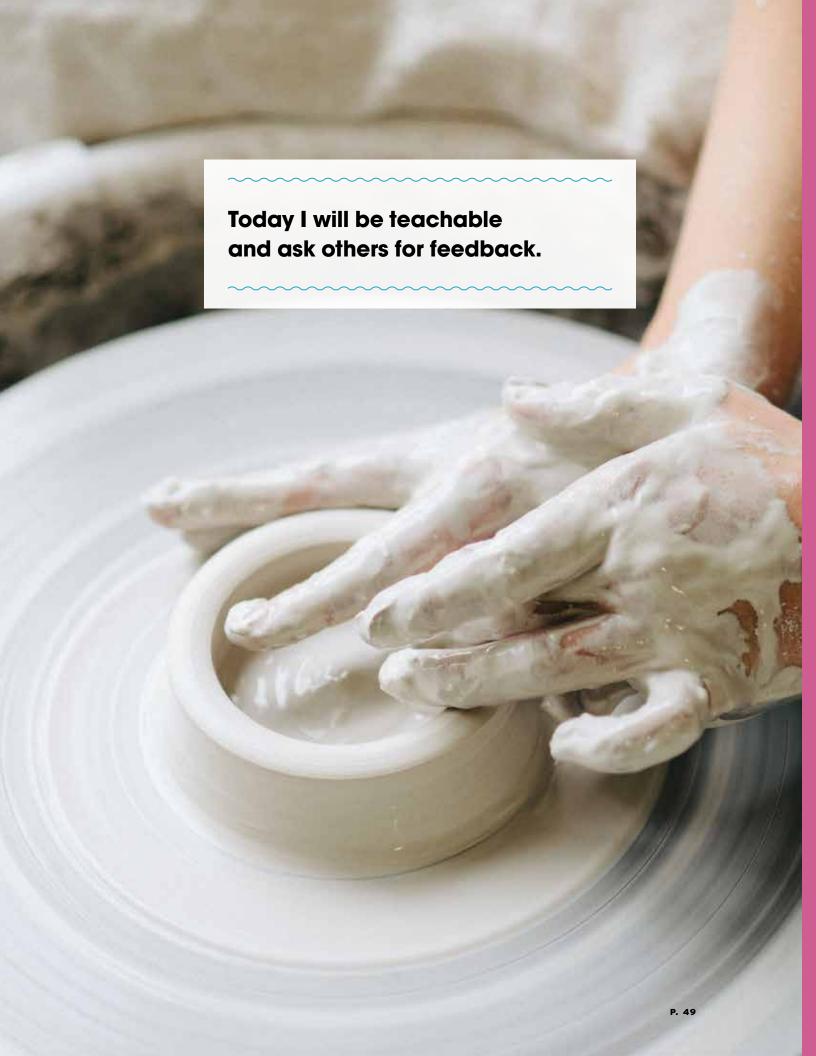
If you really want to do something, you will find a way. If you don't, you will find an excuse. How do you know you are hungry to learn and willing to improve? By asking for feedback from those that can help you and care for you.







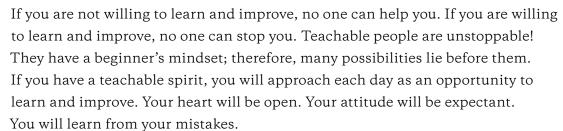
NEXT	FEEDBACK QUESTIONS Check those that apply to you.					
	POSITIVE RESPONSE TO FEEDBACK					
	Am I vulnerable enough to know I need help from others?					
	☐ Am I grateful that someone cares enough about me to help?					
	☐ Am I open to listen, learn, and change, even if it hurts?					
	Am I willing to make changes for improvement in my life?					
WEX'	NEGATIVE RESPONSE TO FEEDBACK					
	☐ Do I think I know more than others and don't need their help?					
	☐ Do I roll my eyes during constructive criticism?					
	☐ Do I feel ungrateful to those who care for me and want to help me?					
	☐ Do I walk away without taking time to reflect on what I have heard?					
<u> </u>	····· Review what you checked. How many were in the positive response section? How many were in the negative response section? Share.					
	REFLECTION:					
oo	HOW TEACHABILITY AFFECTS ME					
ĠĨ₽	····· What one change will I make to be more teachable?					





TEACHABLE PEOPLE ARE...

3. Hopeful — "I will learn and improve more."



Everyone makes mistakes. The questions are, "Did you learn from them? Did you change? Have you improved?" If the answers are "yes," you can be hopeful of your future.



AUTOBIOGRAPHY IN FIVE SHORT CHAPTERS BY PORTIA NELSON

CHAPTER I

I walk down the street.

There is a deep hole in the sidewalk.

I fall in.

I am lost... I am hopeless.

It isn't my fault.

It takes forever to find a way out.

CHAPTER II

I walk down the same street.

There is a deep hole in the sidewalk.

I pretend I don't see it.

I fall in again.

I can't believe I am in this same place.

But it isn't my fault.

It still takes a long time to get out.

¹Nelson, Portia. *There's a Hole in my Sidewalk: The Romance of Self-Discovery*. Beyond Words Publishing, 1993.

CHAPTER III

I walk down the same street.

There is a deep hole in the sidewalk.

I see it there.

I still fall in.... it's a habit... but,

my eyes are open.

I know where I am.

It is my fault.

I get out immediately.

CHAPTER IV

I walk down the same street.

There is a deep hole in the sidewalk.

I walk around it.

CHAPTER V

I walk down another street.

What was the most important thing you learned from the autobiography in 5 Short \cdots Chapters? Share.



TEACHABLE PEOPLE ARE...

4. Helpful — "I will pass onto others what I learned and how I improved."

There are two kinds of sculptures. One is where you subtract and the other is where you add. Sculptures made of stone are created by chipping away and subtracting until a masterpiece is formed.

Sculptures made of clay are created by molding and layering of more clay until a masterpiece is shaped. You are like clay, being molded by a teachable spirit. As you learn and improve, you are helping by passing it on to others.

HOW MY TEACHABILITY AFFECTS OTHERS

Who will you share your teachable improvements with?









"Your desire to improve your life begins with a teachable attitude."

JOHN C. MAXWELL

		HOW WELL YOU er. (1 is weak, 5		BEING TEACHABLE	ON A SCALE OF	
_1	_ 2	3	4	5		
Why did yo	ou give yourse	If this rating?				
ACTION ST What spec		you take imm	ediately that w	ill improve your rat	ing?	



The Maxwell Leadership Foundation, founded by bestselling author, coach, and speaker John C. Maxwell, develops leaders by helping them experience the transformational impact of values-based, people-centric leadership development. Developing leaders are challenged to apply what they are learning and take action to make the world better and brighter. As individuals are impacted there is a ripple effect and families, schools, organizations and communities experience lasting positive change.

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